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| ORCHARD MENU AUTUMN/WINTER - **WEEK 1** |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** | **Sunday** |
| **Breakfast** |
|  | Selection of breakfast cereals or hot porridge oats served with fresh milk.Toasted wholemeal or white bread served with a selection of jams and preserves.Grapefruit or prunes in syrup. |  |
| Grilled bacon, scrambled eggs, and tomatoes | Selection of eggs on toast | Grilled bacon, poached eggs, and mushrooms | Sausage, scrambled eggs, and tomatoes | Grilled bacon, sausage, and beans | Grilled bacon, scrambled eggs, and beans | Grilled bacon, sausage, fried egg, tomatoes, beans, and mushrooms |
|  | Tea/coffee/hot chocolate/fruit juices |  |
|  | **Mid-morning** |  |
|  | Selection of beverages including milkshakes and smoothies as well as fresh fruit pieces & homemade biscuits |  |
|  | **Lunch** |  |
|  | Alternatives are available on request |  |
| Slow cooked sausage casseroleor Leek, cheese, and potato bakeAll served with mashed potatoes, and seasonal vegetables | Chicken bacon and potato casseroleorButternut squash risottoAll served with herby new potatoes, seasonal vegetables | Roast pork, apple sauce and stuffing, Yorkshire puddingsorVegetable hot potAll served with roast potatoes, seasonal vegetables |  Minced beef with dumplingsorVegetable korma with riceServed with mashed potatoes, seasonal vegetables | Battered fishorGammon and eggAll served with chips, mushy peas, parsley sauce,bread and butter | Shepherd’s pieorMushroom stroganoff and riceAll served with new potatoes, and seasonal vegetables | Roast chicken, pork sage and onion stuffing with Yorkshire puddingsAll served with roast potatoes, creamed potatoes, honey glazed carrots andParsnips, cauliflower cheese |
| Homemade scones with cream and jam | Upside down plum cake served with thick double cream | Cheesecake | Lemon meringue pie | Fresh fruit salad and double cream | Angel delight | Tapioca |
|  | Sandwiches, jacket potatoes and omelettes available daily. Fresh fruit, yoghurts, and ice cream available as alternative desserts. |  |
|  | **Afternoon Tea** |  |
|  | Selection of beverages and homemade cakes |  |
|  | **Supper** |  |
| Homemade soup of the day, sandwich selection orChicken curry and rice | Home made soup of the day, sandwich selectionortraditional full English | Homemade soup of the day, Sandwich selection orCorned beef hash with warm crusty bread | Homemade soup of the day, Sandwich selectionorOven baked omelettes, baked beans, bread, and butter | Homemade soup of the day, Sandwich selectionorMacaroni cheese with garlic bread | Homemade soup of the day, Sandwich selectionorStew and dumplings | Homemade soup of the day, Selection of sandwiches, pork pie, quiche, salad, and coleslaw |
| Treacle sponge and custard | Apple crumble with custard | Creamy Rice pudding | Jam sponge and custard  | Stewed apple and custard | Bread and butter pudding | Black forest gateaux |
|  | Fresh homemade soup and a choice of salads, fresh fruit, yoghurt, and ice cream available on request  |  |
|  | **Evening Snack** |  |
|  | Malt loaf, teacakes or cheese & biscuits • Selection of beverages |  |
| ORCHARD MENU AUTUMN/WINTER- **WEEK 2** |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** | **Sunday** |
| **Breakfast** |
|  | Selection of breakfast cereals or hot porridge oats served with fresh milk.Toasted wholemeal or white bread served with a selection of jams and preserves.Grapefruit or prunes in syrup. |  |
| Grilled bacon, scrambled eggs, and tomatoes | Selection of eggs on toast | Grilled bacon, poached eggs, and mushrooms | Sausage, scrambled eggs, and tomatoes | Grilled bacon, sausage, and beans | Grilled bacon, scrambled eggs, and beans | Grilled bacon, sausage, fried egg, tomatoes, beans, and mushrooms |
|  | Tea/coffee/hot chocolate/fruit juices |  |
|  | **Mid-morning** |  |
|  | Selection of beverages including milkshakes and smoothies as well as fresh fruit pieces & homemade biscuits |  |
|  | **Lunch** |  |
|  | Alternatives are available on request |  |
| Steak pie orbaked tomato risotto with parmesanAll served with Creamy mashed potatoes, seasonal vegetables | Fish pie with chive mash and cheesy toporPork chop and apple sauceAll served with roast potatoes and seasonalvegetables | Honey roast gammon, Yorkshire puddingsorRoast vegetable casserole with dumplingsAll served with creamy mashed potatoes, seasonal vegetables | Cottage pie with cheeseorpoached haddock in a parsley butter sauceAll served with new potatoes, seasonal vegetables |  Hand Battered fish orCheese onion and potato pieAll served with chips, peas, and parsley sauce, bread, and butter | Herby chicken casserole with dumplingsorCreamy vegetable curry with riceAll served with mashed potatoes, seasonal vegetables | Roast beef,Yorkshire puddingsAll served with creamed potatoes and roast potatoes, served with seasonal vegetables |
| Spiced crème brulee | Bakewell tart | Bananas and custard | Angel delight with whipped cream | Lemon cheesecake |  Victoria sandwich | Jam and coconut sponge and custard |
|  | Sandwiches, jacket potatoes and omelettes available daily. Fresh fruit, yoghurts, and ice cream available as alternative desserts |  |
|  | **Afternoon Tea** |  |
|  | Selection of beverages and homemade cakes |  |
|  | **Supper** |  |
| Homemade soup of the day, selection of sandwichesorHomemade meatball pasta bake in a creamy tomato sauce and garlic bread | Homemade soup of the day, selection of sandwiches orTraditional full English | Homemade soup of the day,Sandwich selectionorEgg and chips with bread and butter | Homemade soup of the day, Sandwich selectionorPanacalty | Homemade soup of the day, Selection of sandwichesor Jacket potatoes, baked beans, cheese, and homemade coleslaw | Homemade soup of the day, Sandwich selectionorOven baked omelettes with baked beans, bread and butter | Homemade soup, Selection of sandwiches, pork pie, quiche, salad andcoleslaw |
| Chocolate sponge served with custard | Pear and blackberry crumble | Ginger syrup sponge and custard | Warm apple pie and custard | Baked spiced rice pudding | Spotted dick and custard | Strawberry gateaux |
|  | Fresh homemade soup and a choice of salads, fresh fruit, yoghurt, and ice cream available on request |  |
|  | **Evening Snack** |  |
|  | Malt loaf, teacakes, or cheese & biscuits • Selection of beverages |  |
| ORCHARD MENU AUTUMN/WINTER - **WEEK 3** |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** | **Sunday** |
| **Breakfast** |
|  | Selection of breakfast cereals or hot porridge oats served with fresh milk.Toasted wholemeal or white bread served with a selection of jams and preserves.Grapefruit or prunes in syrup. |  |
| Grilled bacon, scrambled eggs, and tomatoes | Selection of eggs on toast | Grilled bacon, poached eggs, and mushrooms | Sausage, scrambled eggs, and tomatoes | Grilled bacon, sausage, and beans | Grilled bacon, scrambled eggs, and beans | Grilled bacon, sausage, fried egg, tomatoes, beans, and mushrooms |
|  | Tea/coffee/hot chocolate/fruit juices |  |
|  | **Mid-morning** |  |
|  | Selection of beverages including milkshakes and smoothies as well as fresh fruit pieces & homemade biscuits |  |
|  | **Lunch** |  |
|  | Alternatives are available on request |  |
| Pork and cider casseroleorMushroom risottoAll served with mashed potatoes, seasonal vegetables | Sausage with caramelised onionsorLiver & onionsAll served with creamed potatoes, seasonal vegetables | Roast turkey, stuffing, and Yorkshire puddingsorpan roasted salmonAll served with roast potatoes, seasonal vegetables | Lamb and rosemary hot potorCheese and leek quicheAll served with sauté potatoes, seasonal vegetables | Battered fishorcreamy vegetable tray bake with a herb crumbAll served with chips, peas, and parsley sauce bread and butter | Steak and kidney pieorVegetable pieAll served with mashed potatoes, seasonal vegetables | Roast pork with sage and onion stuffing, gravy and Yorkshire puddingsAll served with roast potatoes and creamed potatoes, seasonal vegetables |
| Homemade scones with cream and jam | Date and walnut cake |  Angel delight | Jelly and ice cream |  Winter berry cheesecake | Carrot cake, cream cheese frosting | Jam roly-poly served with custard |
|  | Sandwiches, jacket potatoes and omelettes available daily. Fresh fruit, yoghurts and ice cream available daily as alternative desserts. |  |
|  | **Afternoon Tea** |  |
|  | Selection of beverages and homemade cakes |  |
|  | **Supper** |  |
| Homemade soup of the day, Sandwich selectionorscouse | Homemade soup of the day, Selection of sandwiches,orTraditional full English | Homemade soup of the day, Sandwich selectionorJacket potatoes, Cheese, baked beans and homemade coleslaw | Homemade soup of the day, Selection of sandwiches, or chicken curry and rice | Homemade soup of the day, Sandwich selection, orCorned beef hash warm crusty bread | Homemade soup of the day, Sandwich selectionorPork sausage and bean casserole with warm crusty bread | Selection of sandwiches, pork pie, quiche, salad andcoleslaw |
| Apple and sultana crumble | Caramelised banana sponge with custard | Pear and almond sponge | Sticky toffee pudding and custard | Manchester tart | Apple strudel and custard | Chocolate fudge cake |
|  | Fresh homemade soup and a choice of fresh salads, fresh fruit, yoghurt, and ice cream available on request |  |
|  | **Evening Snack** |  |
|  | Malt loaf, teacakes, or cheese & biscuits • Selection of beverages |  |
| ORCHARD MENU AUTUMN/WINTER - **WEEK 4** |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** | **Sunday** |
| **Breakfast** |
|  | Selection of breakfast cereals or hot porridge oats served with fresh milk.Toasted wholemeal or white bread served with a selection of jams and preserves.Grapefruit or prunes in syrup. |  |
| Grilled bacon, scrambled eggs, and tomatoes | Selection of eggs on toast | Grilled bacon, poached eggs, and mushrooms | Sausage, scrambled eggs, and tomatoes | Grilled bacon, sausage, and beans | Grilled bacon, scrambled eggs, and beans | Grilled bacon, sausage, fried egg, tomatoes, beans, and mushrooms |
|  | Tea/coffee/hot chocolate/fruit juices |  |
|  | **Mid-morning** |  |
|  | Selection of beverages including milkshakes and smoothies as well as fresh fruit pieces & homemade biscuits |  |
|  | **Lunch** |  |
|  | Alternatives are available on request |  |
| Minced beef cobblerorToad in the holeAll served with herby potatoes, seasonal vegetables | Fish pie with chive and cheese mash, parsley sauceorCheese leek and potato gratinAll served with new potatoes, seasonal vegetables | Roast chicken, sage and onion stuffing, Yorkshire puddingorMushroom stroganoff with riceAll served with roastpotatoes, seasonal vegetables | Braised steak with onions and dumplingsorroasted vegetable casserole with dumplingsAll served with creamy mashed potatoes, seasonal vegetables | Battered fishorHam and eggAll served with chips, mushy peasand parsley saucebread and butter | Chicken and vegetable pieorVegetable korma and riceAll served with parsleypotatoes, seasonal vegetables | Roast lamb with YorkshirePudding and mint sauce All served with roast potatoes and creamed potatoes and seasonalvegetables |
| Trifle  | Winter berry cheesecake | Lemon meringue pie | Black Forrest gateaux  | Fresh fruit salad and double cream | Angel delight | Warm chocolate brownie with chocolate sauce |
|  | Sandwiches, jacket potatoes and omelettes available daily. Fresh fruit, yoghurts and ice cream available as alternative desserts. |  |
|  | **Afternoon Tea** |  |
|  | Selection of beverages and homemade cakes |  |
|  | **Supper** |  |
| Homemade soup of the day, Selection of sandwichesor Macaroni cheese and garlic bread | Homemade soup of the day, Sandwich selectionorTraditional full English | Homemade soup of the day, Selection of sandwichesoroven baked omelettes, baked beans, bread and butter  | Homemade soup of the day, Sandwich selectionorPork pies, mushy peas and mint sauce | Homemade soup of the day, Selection of sandwichesorBaked potato, Chilli and cheese | Homemade soup of the day, Sandwich selectionorSausage and vegetable casserole with warm crusty bread | Selection of sandwiches,pork pie, quiche, salad andcoleslaw |
| Mother eves pudding servedwith custard | Syrup sponge and custard | Cherry sponge and custard | Jam sponge and custard | Toffee apple bread and butter pudding | Rice pudding | Victoria sponge |
|  | Fresh homemade soup and a choice of fresh salads, fresh fruit, ice cream and yoghurt available on request |  |
|  | **Evening Snack** |  |
|  | Malt loaf, teacakes, or cheese & biscuits • Selection of beverages |  |