

# welcome to Nesfield Lodge

MAKING A DECISION AROUND CARE CAN BE AN EMOTIONAL EXPERIENCE AND WE ARE DELIGHTED THAT YOU ARE CONSIDERING OUR HOME.

Nesfield Lodge is a modern and spacious purpose-built care home located in Leeds, offering long and short-term support to older people. We also provide more specialist support to those living with dementia. Colleagues at the home are highly trained in illnesses such as COPD, stroke and epilepsy.

The home offers a large and secure outdoor space for individuals to enjoy, which provides easy access for mobility needs. It also has raised beds for green fingered individuals and is the perfect relaxing haven.

Here at Nesfield Lodge we welcome new people moving in with compassion and focus on who

they are, what is important to them and how we can support them to live life to the full. It is important that we help people feel at home, supporting not only with their healthcare but their social and emotional needs.

#### LIFE AT NESFIELD LODGE

Life in the home focuses on living as normally as possible, based on people's abilities and not disabilities. We strive to promote positive, individualised health and well-being outcomes, and take great pride in supporting people to make their own choices, living a fulfilled enriched life and being valued for the individual they are.

We encourage a sociable, comfortable environment which includes people spending time together, building new friendships and having plenty of opportunities to be engaged in what is meaningful to them. We have strong links with the local community, with varied events taking place in and outside of the home.

#### WHAT MAKES NESFIELD LODGE SPECIAL?



Bright, airy communal lounge with direct access to gardens



En-suite shower in every bedroom



1950's style quiet lounge



Award-winning kitchen team



Large, secure gardens



Our people have committee meetings and are involved in tailoring changes

#### **ACTIVITIES**

There is always something fun and exciting going on in the home. People have the choice of taking part in a wide range of activity, with support where needed. The home has a variety of indoor and outdoor spaces for people to make use of and spend time relaxing, socialising, continuing with a hobby or finding a new one, with quiet lounges available if people would prefer sometime to themselves.

There are a number of events arranged in the home, each person can choose if they wish to join in. Occasional bus trips and outings are organised as well as visiting entertainers.

We're always looking for new ideas so if you've any suggestions for events, please don't hesitate to let us know, it is important that all are involved in making the home a great place to live.

## **MEALTIME EXPERIENCE**

We understand the importance of a nutritional, well-balanced diet and we cater for all dietary needs. We have a talented kitchen team who use quality, seasonal ingredients. People who live in the home are encouraged to take part in menu development.

Whether it's a home-made pie or a fresh fruit sponge, our cooks pride themselves on catering to the tastes of people living in the home. We provide a varied menu with a selection of choices, including snacks and fresh fruit which are available throughout the day and night.

#### **OUR CARE**

We have many years' experience of supporting older people and their families, we understand the importance of providing comfortable, nurturing and welcoming environments.

Our focus is to provide individualised care and support of the highest quality, on a long-term or short-term basis, in homely surroundings. We strongly recognise the importance of relationships and the role of family in maintaining a person's identity.

Our team of highly-trained colleagues take time to get to know each person living in the home, who you are as a person, what is important to you, your values and beliefs, what makes you happy, worried or sad. What brings you joy and how you want to live your life, working with you, your family and friends. Nesfield Lodge also offers short-term care, enabling you or a carer to have a break and some well-deserved rest

and recuperation. You may want your loved one to experience living at Nesfield Lodge for a short while before deciding to make the move more permanent. We are happy to discuss your needs at any point.

#### MAKING OUR HOME YOUR HOME

The people at Nesfield Lodge are at the heart of what we do, and we are proud to have a great team delivering highly personalised care in the most professional way, and with the up-most kindness that treats each person with the dignity and respect they deserve.

The team works hard to provide a service that is individual to each person while encouraging a healthy, safe and enriching lifestyle.

People's bedrooms are beautifully decorated with modern and bright fittings and furnishings throughout and are also equipped with nurse call facilities. We encourage people to personalise their rooms with pictures and photographs and they are welcome to bring personal items to ensure their comfort.

#### THE TEAM

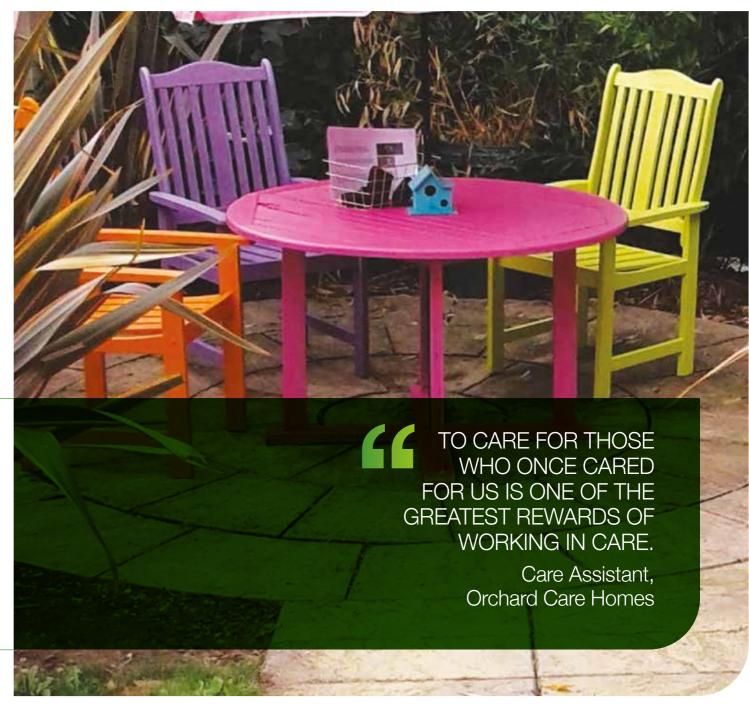
Training and coaching are key to our approach, and we invest extensively in our team to ensure everyone working at Nesfield Lodge is highly skilled and able to support each person we care for. Team members are trained to foster empathy and use supportive, positive and enabling language. The supportive homely environments we have cultivated for all that live and work in Nesfield Lodge means colleagues are happy and want to stay with us for a long time, ensuring continuity to our people.

# NESFIELD LODGE CAN OFFER THE FOLLOWING TYPES OF CARE:

- Residential dementia care
- Short-term care







#### **HOW TO FIND US**

45 Nesfield Road, Belle Isle, Leeds, West Yorkshire, LS10 3LG

Tel: 0113 277 6880 Email: nesfield.lodge@orchardcarehomes.com

**Directions:** Nesfield Lodge is located on Nesfield Road, which is off Middleton Ring Road and a few minutes walk from Broomfield School.



#### **VISITING**

Nesfield Lodge is your home, you are able to welcome family and friends to visit you at any time.

### **FIND OUT MORE**

For more information call: 0113 277 6880 visit: www.orchardcarehomes.com/ nesfield-lodge or find us at:











## OTHER ORCHARD CARE HOMES NEARBY



MIDDLETON PARK LODGE Leeds LS10 4HX Tel: 0113 271 2307



**LOFTHOUSE GRANGE & LODGE** Wakefield WF3 3QQ Tel: **01924 822272** 

If you would like a version of this brochure in large print please contact us.

