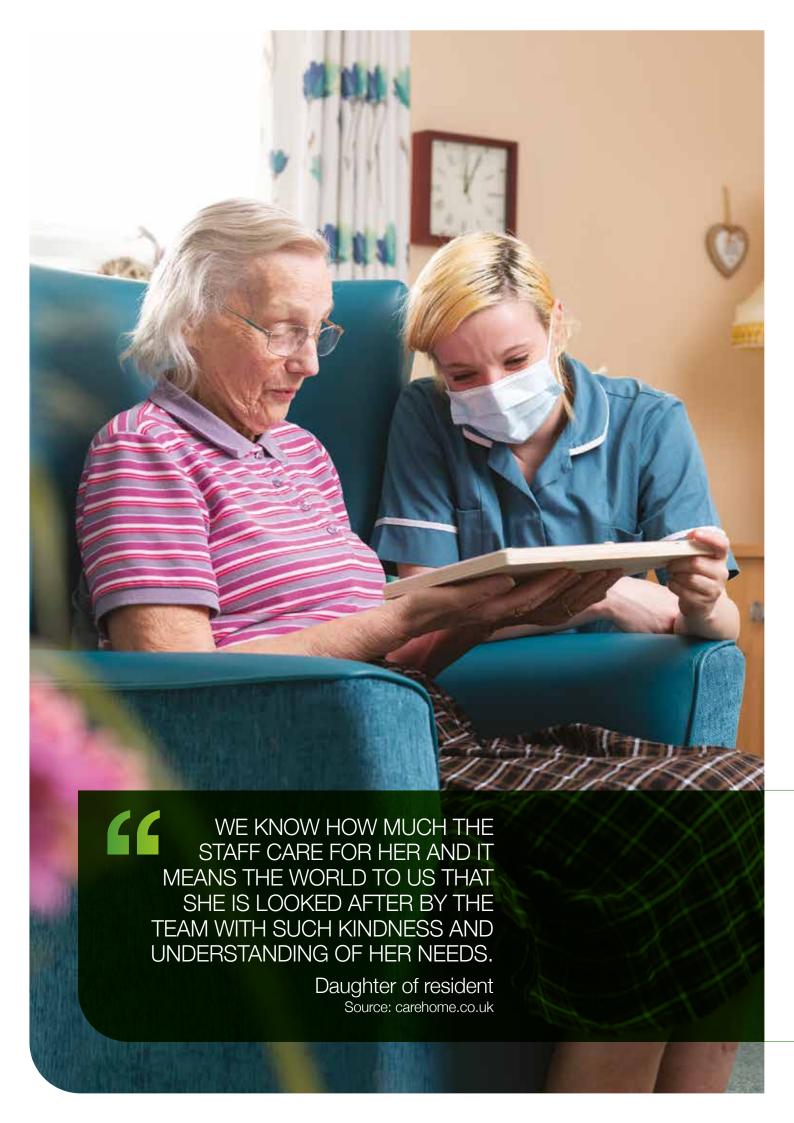


## PADDOCK STILE MANOR

Welcoming residents for RESIDENTIAL DEMENTIA AND RESPITE CARE

Orchard at the he**v**rt of the community



# welcome to

### Paddock Stile Manor

MAKING A DECISION
AROUND CARE CAN BE
AN EMOTIONAL EXPERIENCE
AND WE ARE DELIGHTED
THAT YOU ARE CONSIDERING
OUR HOME.

Paddock Stile Manor is a modern and spacious, care home located in the town of Houghton-le-Spring that provides 24-hour dementia care for older people.

The home has 40 bedrooms, all with en-suite rooms and features several communal lounges for residents to socialise and relax. Paddock Stile Manor also has an in-house parlour, 'Sophies Salon' where residents can get their nails or hair done and be pampered.

This is a home where relatives can feel assured that their loved ones are in safe and caring hands, and where they can also feel very much part of the home.

#### LIFE AT PADDOCK STILE MANOR

A day in the home is centred around activities and the mealtime experience. We strive to promote positive health and wellbeing, and we take great pride in our role of supporting residents to make as many of their own choices as possible.

We encourage a communal and informal environment within our homes, which includes residents spending time together in our lounges and dining areas, taking part in activities and events. We welcome opportunities to engage with the local community, either bringing them to us, or taking our residents out and about.

#### WHAT MAKES PADDOCK STILE MANOR SPECIAL?



40 en-suite rooms, all decorated with modern and bright fittings



In-house bar hosting events such as gentlemen's club and cocktail evenings



Movie room where residents can watch their favourite films



Sophie's Salon offering the full pampering experience



Lovely, pleasant, secure gardens for residents to enjoy

#### **ACTIVITIES**

There is always something fun and exciting going on in the home. Our activities plans are designed to allow the maximum choice of daily activities from relaxing in our quiet lounges and gardens, playing games with friends, karaoke, exercising, baking or simply enjoying some good company in our lounges and TV room.

We have a full range of daily activities and events arranged by our staff. The choice to join in is of course, yours. Occasional bus trips and outings are organised as well as visiting entertainers.

We're always open to new ideas so if you've any suggestions for activities or events, please don't hesitate to let us know.

#### **MEALTIME EXPERIENCE**

We believe that everyone deserves a nutritional, well-balanced meal and we cater for a wide range of dietary needs. We have a talented kitchen team in each home, led by a qualified cook, who uses quality, locally sourced, seasonal ingredients.

Whether it's a home-made pie or a fresh fruit sponge, our cooks pride themselves on catering to the tastes of our residents. We provide a varied menu with a selection of choices for all our residents, including snacks and fresh fruit which are available throughout the day.

We know how important freshly prepared, wholesome meals are to our residents and ensure that their dietary needs are met by working together to discover their needs and preferences. If you have any specific dietary requirements, please speak to the home about how we can tailor the mealtime experience for you.

#### **OUR CARE**

We have many years' experience of working in elderly and specialist care environments and we understand how best to meet your needs. Our focus is to provide care of the highest quality on a long-term or short-term basis, and in comfortable, welcoming and homely surroundings.

Our dementia care offers 24-hour support to those who are living with dementia and need assistance with everyday living, including support with personal care, daily living tasks and general care to ensure their happiness and wellbeing.

Dementia-friendly environments within our homes have been designed to specifically enhance the lives of those who need additional support to cope with the challenges that are associated with dementia.

The decoration around the homes encourage stimulation and use tactile memorabilia and colourful communal spaces, such as street and beach scenes.

#### MAKING OUR HOME YOUR HOME

The residents at Paddock Stile Manor are at the heart of what we do, and we are proud to have a great team delivering highly personalised care in the most professional way, and with the utmost kindness that treats each resident with the dignity and respect they deserve.

Our job is never more rewarding than when our residents and their relatives tell us they feel at home with us. The team works hard to provide a service that is personal to each resident, while encouraging a healthy, safe and enriching lifestyle.

Residents' bedrooms are beautifully decorated with modern and bright fittings and furnishings throughout and are also equipped with Nurse call facilities. We encourage our residents to personalise their rooms with pictures and photographs and they are welcome to bring personal items to ensure their comfort.

#### **OUR TEAM**

Many of the staff have worked at Paddock Stile Manor for several years and have built strong relationships with residents and their loved ones.

Training is key to our person-centred approach and we invest extensively in our teams to ensure everyone working at Paddock Stile Manor is highly skilled and able to support each resident in our care.

#### PADDOCK STILE MANOR CAN OFFER THE FOLLOWING TYPES OF CARE:

- Residential care
- Residential dementia care
- Short-term respite care







#### **HOW TO FIND US**

Philadelphia Lane, Newbottle, Houghton-le-Spring, Tyne & Wear, DH4 4ES

Tel: 0191 584 8159 Email: paddockstilemanor@orchardcarehomes.com

Directions: From Houghton-le-Spring town centre, head north-east and at the roundabout take the 1st exit onto Hillside Way/A182. At the next roundabout take the 2nd exit onto Newbottle Street/A182. Continue along the A182 and at the next roundabout take the 2nd exit onto Philadelphia Lane/A182 and the home is situated on the left.



#### **VISITING**

Paddock Stile Manor is your home, you are able to welcome family and friends to visit you, our visiting hours are normally between 9am and 8pm but arrangements can be made with the home manager or person in charge for visiting outside of those times.

#### **FIND OUT MORE**

For more information call: 0191 584 8159 visit: www.orchardcarehomes.com/paddock or find us at:











#### OTHER ORCHARD CARE HOMES NEARBY



**ARCHERS COURT** Sunderland SR3 3DJ Tel: **0191 528 2526** 



**ARCHERS PARK** Sunderland SR3 3DJ Tel: **0191 522 5977** 

If you would like a version of this brochure in large print please contact us.



