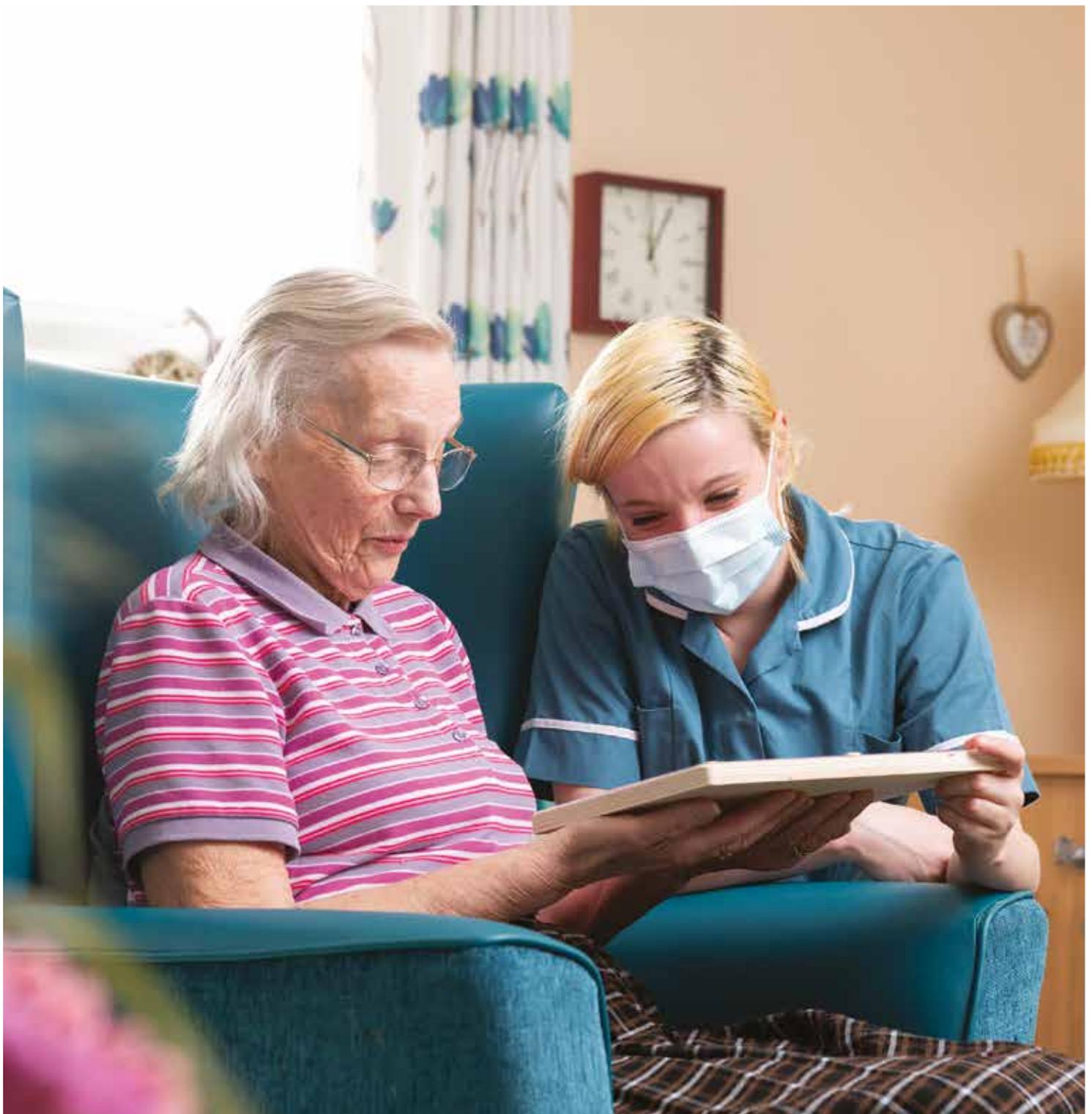




# ASHLEA MEWS

Welcoming residents for  
RESIDENTIAL, DEMENTIA  
AND RESPITE CARE

**Orchard** at the heart  
of the community



“

MY NANA HAD BEEN AT  
ASHLEA MEWS FOR FOUR  
YEARS UNTIL SHE PASSED  
AWAY THERE. THE STAFF WERE  
LOVELY AND TREATED HER AS IF  
SHE WERE THEIR OWN FAMILY.

Granddaughter of resident

Source: [carehome.co.uk](http://carehome.co.uk)

# welcome to

## Ashlea Mews

MAKING A DECISION  
AROUND CARE CAN BE  
AN EMOTIONAL EXPERIENCE  
AND WE ARE DELIGHTED  
THAT YOU ARE CONSIDERING  
OUR HOME.

Ashlea Mews is a two-storey specialist respite and dementia care home located in the heart of a residential area in South Shields.

The home has 40 bedrooms, all of which are en-suite and decorated to a high standard, with new flooring and furniture in each bedroom. The home offers landscaped gardens which are both pleasing and secure for short walks and fresh air and residents can often be found relaxing there.

This is a home where relatives can feel assured that their loved ones are in safe and caring hands, and where they can also feel very much part of the home.

### LIFE AT ASHLEA MEWS

A day in the home is centred around activities and the mealtime experience. We strive to promote positive health and wellbeing, and we take great pride in our role of supporting residents to make as many of their own choices as possible.

We encourage a communal and informal environment within our homes, which includes residents spending time together in our lounges and dining areas, taking part in activities and events. We welcome opportunities to engage with the local community, either bringing them to us, or taking our residents out and about.

### WHAT MAKES ASHLEA MEWS SPECIAL?



All bedrooms en-suite, spacious and can be personalised



Video calls available throughout coronavirus pandemic



Long-serving and consistent staff team



Landscaped gardens with decking area



Home Manager operates an 'open door' policy

## ACTIVITIES

There is always something fun and exciting going on in the home. Our activities plans are designed to allow the maximum choice of daily activities from relaxing in our quiet lounges and gardens, playing games with friends, karaoke, exercising, baking or simply enjoying some good company in our lounges and TV room.

We have a full range of daily activities and events arranged by our staff. The choice to join in is of course, yours. Occasional bus trips and outings are organised as well as visiting entertainers.

We're always open to new ideas so if you've any suggestions for activities or events, please don't hesitate to let us know.

## MEALTIME EXPERIENCE

We believe that everyone deserves a nutritional, well-balanced meal and we cater for a wide range of dietary needs. We have a talented kitchen team in each home, led by a qualified cook, who uses quality, locally sourced, seasonal ingredients.

Whether it's a home-made pie or a fresh fruit sponge, our cooks pride themselves on catering to the tastes of our residents. We provide a varied menu with a selection of choices for all our residents, including snacks and fresh fruit which are available throughout the day.

We know how important freshly prepared, wholesome meals are to our residents and ensure that their dietary needs are met by working together to discover their needs and preferences. If you have any specific dietary requirements, please speak to the home about how we can tailor the mealtime experience for you.

## OUR CARE

We have many years' experience of working in elderly and specialist care environments and we understand how best to meet your needs. Our focus is to provide care of the highest quality on a long-term or short-term basis, and in comfortable, welcoming and homely surroundings.

Our dementia care offers 24-hour support to those who are living with dementia and need assistance with everyday living, including support with personal care, daily living tasks and general care to ensure their happiness and wellbeing.

Dementia-friendly environments within our homes have been designed to specifically enhance the lives of those who need additional support to cope with the challenges that are associated with dementia.

The decoration around the homes encourage stimulation and use tactile memorabilia and colourful communal spaces, such as street and beach scenes.

## MAKING OUR HOME YOUR HOME

The residents at Ashlea Mews are at the heart of what we do, and we are proud to have a great team delivering highly personalised care in the most professional way, and with the utmost kindness that treats each resident with the dignity and respect they deserve.

Our job is never more rewarding than when our residents and their relatives tell us they feel at home with us. The team works hard to provide a service that is personal to each resident, while encouraging a healthy, safe and enriching lifestyle.

Residents' bedrooms are beautifully decorated with modern and bright fittings and furnishings throughout and are also equipped with Nurse call facilities. We encourage our residents to personalise their rooms with pictures and photographs and they are welcome to bring personal items to ensure their comfort.

## OUR TEAM

Many of the staff have worked at Ashlea Mews for several years and have built strong relationships with residents and their loved ones.

Training is key to our person-centred approach and we invest extensively in our teams to ensure everyone working at Ashlea Mews is highly skilled and able to support each resident in our care.

### ASHLEA MEWS CAN OFFER THE FOLLOWING TYPES OF CARE:

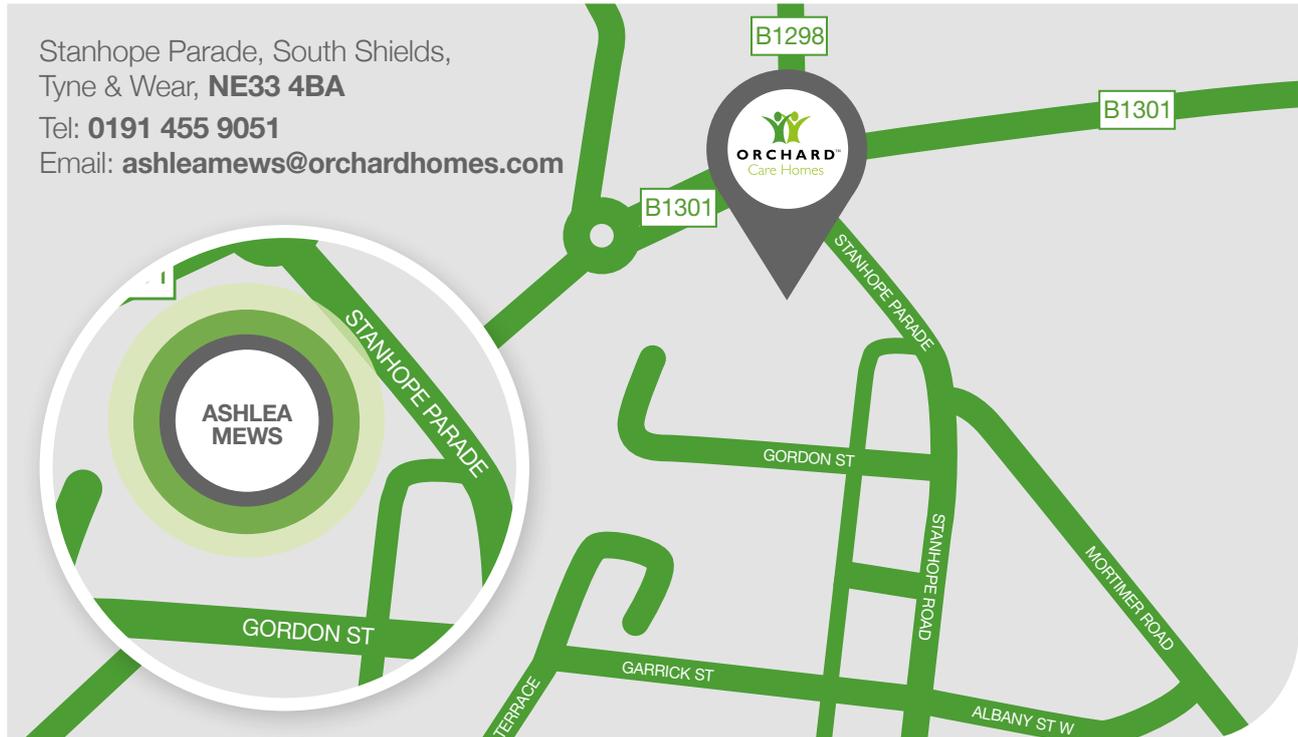
- Residential care
- Residential dementia care
- Short term respite care



TO CARE FOR THOSE WHO ONCE CARED FOR US IS ONE OF THE GREATEST REWARDS OF WORKING IN CARE.

Care Assistant,  
Orchard Care Homes

## HOW TO FIND US



**Directions:** Head south-west on Dale Street and turn right onto Woodbine Street. Turn left onto Ocean Rd/A183. At the roundabout go straight on, 2nd roundabout, take the 3rd exit onto Beach Rd/A183 and then turn right onto Crossgate/A194. 3rd roundabout, take the 2nd exit onto Western Approach/A194, 4th roundabout, take the 2nd exit for Western Approach, 5th roundabout, take the 1st exit onto Laygate/B1301. At the 6th roundabout, take the 1st exit onto Dean Rd/B1301 then the 4th exit on the next roundabout to Stanhope Parade/B1298. Ashlea Mews will then be on the left.

## VISITING

Ashlea Mews is your home, you are able to welcome family and friends to visit you, our visiting hours are normally between 9am and 8pm but arrangements can be made with the home manager or person in charge for visiting outside of those times.

## FIND OUT MORE

For more information call: **0191 455 9051**  
visit: **[www.orchardcarehomes.com/ashlea-mews](http://www.orchardcarehomes.com/ashlea-mews)**  
or find us at:



## OTHER ORCHARD CARE HOMES NEARBY



**LANSBURY COURT**  
Sunderland **SR5 3DF**  
Tel: **0191 549 3950**



**ASHLEA LODGE**  
Sunderland **SR4 7AB**  
Tel: **0191 510 9405**

If you would like a version of this brochure in large print please contact us.



“

I CANNOT BE MORE THANKFUL FOR THE CARE OF MY NANNA. ACTUALLY SEEING HER, YOU CAN SEE IMPROVEMENTS AND JUST HER OVERALL HAPPINESS AND EATING WELL; SHE IS GLOWING.

Granddaughter of resident

Source: [carehome.co.uk](http://carehome.co.uk)

## ABOUT ORCHARD

Orchard Care Homes has been running and managing care homes across the UK for over a decade. With a strong reputation in the care industry, we provide quality care for the elderly.

We pride ourselves on our people and we deliver a person-centred approach thanks to the dedication and passion of our teams, who go the extra mile to foster an essential sense of community within our homes.



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**Orchard at the heart of the community**  
[orchardcarehomes.com](http://orchardcarehomes.com)