



# ASHLEA LODGE

Welcoming residents for  
RESIDENTIAL, DEMENTIA  
AND RESPITE CARE

**Orchard** at the heart  
of the community



“

THE STAFF ARE FRIENDLY AND CARING. MY MUM WAS SETTLED AND HAPPY FROM THE BEGINNING OF HER STAY. THE FOOD ALWAYS LOOKS APPETISING, THE ROOMS ARE NICE AND CLEAN.

Daughter of resident

Source: [carehome.co.uk](http://carehome.co.uk)

# welcome to

## Ashlea Lodge

### MAKING A DECISION AROUND CARE CAN BE AN EMOTIONAL EXPERIENCE AND WE ARE DELIGHTED THAT YOU ARE CONSIDERING OUR HOME.

Ashlea Lodge is a two-storey modern care home located near the heart of Sunderland city centre in the parish of Millfield that provides specialist care for older people, many of whom are living with dementia. The home also offers a specialist dementia care service, Reconnect.

The home has 37 bedrooms, all of which are en-suite and equipped with the latest facilities and amenities. Residents can often be found relaxing in the outdoor patio area.

This is a home where relatives can feel assured that their loved ones are in safe and caring hands, and where they can also feel very much part of the home.

### LIFE AT ASHLEA LODGE

A day in the home is centred around activities and the mealtime experience. We strive to promote positive health and wellbeing, and we take great pride in our role of supporting residents to make as many of their own choices as possible.

We encourage a communal and informal environment within our homes, which includes residents spending time together in our lounges and dining areas, taking part in activities and events. We welcome opportunities to engage with the local community, either bringing them to us, or taking our residents out and about.

### WHAT MAKES ASHLEA LODGE SPECIAL?



Rated as Gold Standard by  
Sunderland Local Authority



No top-up fees for  
Local Authority residents



Our specialist dementia  
care service, Reconnect



Recently refurbished  
bedrooms, all with  
en-suite facilities



Sensory room for residents  
to enjoy and relax in

## ACTIVITIES

There is always something fun and exciting going on in the home. Our activities plans are designed to allow the maximum choice of daily activities from relaxing in our quiet lounges and gardens, playing games with friends, karaoke, exercising, baking or simply enjoying some good company in our lounges and TV room.

We have a full range of daily activities and events arranged by our staff. The choice to join in is of course, yours. Occasional bus trips and outings are organised as well as visiting entertainers.

We're always open to new ideas so if you've any suggestions for activities or events, please don't hesitate to let us know.

## MEALTIME EXPERIENCE

We believe that everyone deserves a nutritional, well-balanced meal and we cater for a wide range of dietary needs. We have a talented kitchen team in each home, led by a qualified cook, who uses quality, locally sourced, seasonal ingredients.

Whether it's a home-made pie or a fresh fruit sponge, our cooks pride themselves on catering to the tastes of our residents. We provide a varied menu with a selection of choices for all our residents, including snacks and fresh fruit which are available throughout the day.

We know how important freshly prepared, wholesome meals are to our residents and ensure that their dietary needs are met by working together to discover their needs and preferences. If you have any specific dietary requirements, please speak to the home about how we can tailor the mealtime experience for you.

## OUR CARE

We have many years' experience of working in elderly and specialist care environments and we understand how best to meet your needs. Our focus is to provide care of the highest quality on a long-term or short-term basis, and in comfortable, welcoming and homely surroundings.

Our dementia care offers 24-hour support to those who are living with dementia and need assistance with everyday living, including support with personal care, daily living tasks and general care to ensure their happiness and wellbeing.

Reconnect is an exciting and innovative person-centred approach to caring for people with dementia. Our team of highly-trained dementia

specialists take time to get to know each person, from their favourite food and musical tastes to what they enjoy.

Working with you, your family and friends, we develop a person-centred, detailed care plan.

## MAKING OUR HOME YOUR HOME

The residents at Ashlea Lodge are at the heart of what we do, and we are proud to have a great team delivering highly personalised care in the most professional way, and with the utmost kindness that treats each resident with the dignity and respect they deserve.

Our job is never more rewarding than when our residents and their relatives tell us they feel at home with us. The team works hard to provide a service that is personal to each resident, while encouraging a healthy, safe and enriching lifestyle.

Residents' bedrooms are beautifully decorated with modern and bright fittings and furnishings throughout and are also equipped with Nurse call facilities. We encourage our residents to personalise their rooms with pictures and photographs and they are welcome to bring personal items to ensure their comfort.

## OUR TEAM

Many of the staff have worked at Ashlea Lodge for several years and have built strong relationships with residents and their loved ones.

Training is key to our person-centred approach and we invest extensively in our teams to ensure everyone working at Ashlea Lodge is highly skilled and able to support each resident in our care.

### **ASHLEA LODGE CAN OFFER THE FOLLOWING TYPES OF CARE:**

- Residential care
- Residential dementia care
- Reconnect – specialist dementia care
- Short term respite care



“

TO CARE FOR THOSE  
WHO ONCE CARED  
FOR US IS ONE OF THE  
GREATEST REWARDS OF  
WORKING IN CARE.

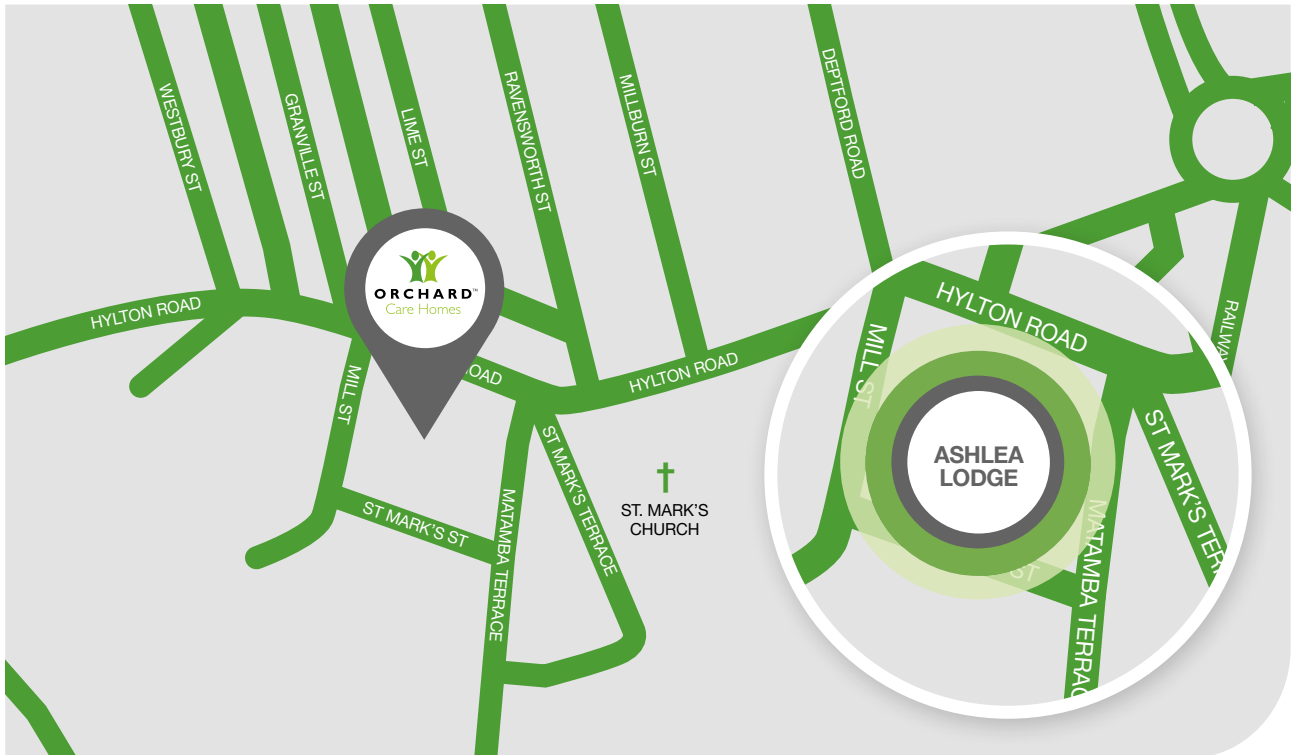
Care Assistant,  
Orchard Care Homes

## HOW TO FIND US

Hylton Road, Millfield, Sunderland, Tyne & Wear, **SR4 7AB**

Tel: **0191 510 9405** Email: [ashlealodge@orchardhomes.com](mailto:ashlealodge@orchardhomes.com)

**Directions:** From Millfield – head south-west on Catharine Street West, turn right onto St Mark's Road North and then turn right onto Hylton Road. Continue onto Hylton Road and Ashlea Lodge is situated on the right opposite St Marks Church.



## VISITING

Ashlea Lodge is your home, you are able to welcome family and friends to visit you, our visiting hours are normally between 9am and 8pm but arrangements can be made with the home manager or person in charge for visiting outside of those times.

## FIND OUT MORE

For more information call: **0191 510 9405**  
visit: [www.orchardcarehomes.com/ashlea-lodge](http://www.orchardcarehomes.com/ashlea-lodge)  
or find us at:



## OTHER ORCHARD CARE HOMES NEARBY



### LANSBURY COURT

Sunderland **SR5 3DF**

Tel: **0191 549 3950**



### ARCHERS COURT

Sunderland **SR3 3DJ**

Tel: **0191 528 2526**

If you would like a version of this brochure in large print please contact us.



THE HOME OFFERS A VERY PROFESSIONAL STANDARD OF CARE. THIS IS ACHIEVED IN A WARM, CARING ENVIRONMENT. THE STAFF ARE CONSTANTLY THINKING OF NEW AND INVENTIVE WAYS TO OCCUPY AND ENGAGE THEIR RESIDENTS.

Sister of resident  
Source: [carehome.co.uk](http://carehome.co.uk)



## ABOUT ORCHARD

Orchard Care Homes has been running and managing care homes across the UK for over a decade. With a strong reputation in the care industry, we provide quality care for the elderly.

We pride ourselves on our people and we deliver a person-centred approach thanks to the dedication and passion of our teams, who go the extra mile to foster an essential sense of community within our homes.



The Hamlet, Hornbeam Park, Harrogate HG2 8RE  
Tel: 01423 859859 Email: [info@orchardcarehomes.com](mailto:info@orchardcarehomes.com)  
Recruitment: [recruitment@orchardcarehomes.com](mailto:recruitment@orchardcarehomes.com)

Registered: 05245993



Orchard at the heart of the community  
[orchardcarehomes.com](http://orchardcarehomes.com)