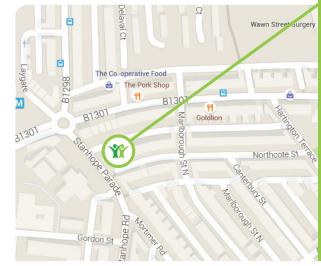
# We look forward to discussing your needs with you









#### **Our Location**

#### Ashlea Mews Care Home

Stanhope Parade, South Shields, Tyne & Wear, NE33 4BA Tel: **0191 455 9051** 

#### Directions

From South Shields – head south-west on Dale Street and turn right onto Woodbine Street. Turn left onto Ocean Road/A183 and you will then come across a series of roundabouts:

1st roundabout – go straight on, 2nd roundabout – take the 3rd exit onto Beach Road/A183 and then turn right onto Crossgate/A194. 3rd roundabout – take the 2nd exit onto Western Approach/A194, 4th roundabout – take the 2nd exit again for Western Approach, 5th roundabout – take the 1st exit onto Laygate/B1301. At the 6th roundabout – take the 1st exit onto Dean Road/B1301 followed by the 4th exit on the next roundabout to Stanhope Parade/B1298 and Ashlea Mews will be on the left.



### Orchard at the heert of the community

# **Ashlea Mews**



# "

The care in Ashlea Mews is of a high standard. Residents are well cared for and the food is very nice. The home is always clean and tidy and the staff are very nice and very helpful."

## **Welcome to Ashlea Mews**

Thank you for your interest in Ashlea Mews Care Home

The home is modern and purpose-built, and provides 24-hour residential care for older people and specialist dementia care.

Every one of the 40 rooms is ensuite and equipped with the latest facilities and amenities. Residents are encouraged to personalise their own space to ensure their utmost comfort and sense of home.

At Ashlea Mews, we pride ourselves on the pleasant living environment and relaxed atmosphere. This is a home where relatives can feel assured that their loved ones are in safe and caring hands, and where they can also feel very much part of the home.

We look forward to meeting you.

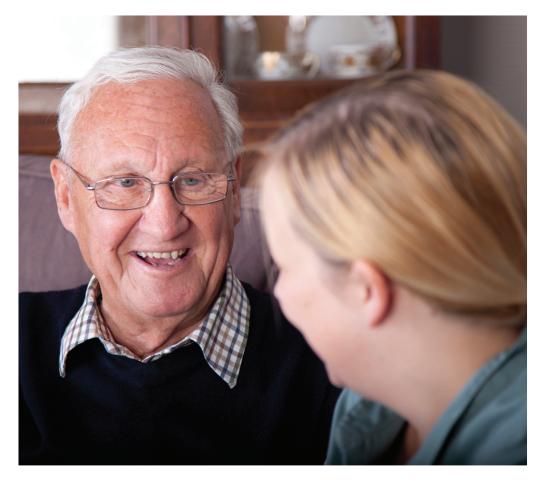
Would you like to know more? Please call us on 0191 455 9051 or visit www.orchardcarehomes.com



www.facebook.com /orchardcarehome







### Making our home your home

The residents at Ashlea Mews are at the heart of what we do, and we are proud to have a great team delivering highly personalised care in the most professional way, and with the utmost kindness.

Our job is never more rewarding than when our residents and their relatives tell us they feel at home with us. The team works hard to provide a service that is personal to each resident, while encouraging a healthy, safe and enriching lifestyle.

### **Respite care**

Ashlea Mews also offers respite care, enabling you or a carer to have a break and some well-deserved rest and recuperation while we do the rest. You may want your loved one to experience living at Ashlea Mews for a short while before deciding to make the move more permanent. And we are happy to discuss your needs at any point.

### Life at Ashlea Mews

- Lovely, pleasant, secure gardens for residents to enjoy
- A choice of TV or quiet lounges
- A wide choice of activities and events
- Freshly prepared, home-style food, led by a trained chef, who focuses on nutritious and balanced meals. We also work hard to ensure our residents' individual dietary needs are catered for.

### **Dementia strategy**

Ashlea Mews has an environment that is supportive and stimulating for those living with dementia:

- Themed areas within the home, such as a village street along the corridor or a beach scene with photographs and tactile objects to encourage interaction
- Brightly coloured bedroom doors and photographs to support residents
- Enhanced signage to improve independence
- Handrails painted in contrasting colours
- Bespoke crockery to support residents to distinguish foods and to encourage eating and drinking.





Examples of themed areas