

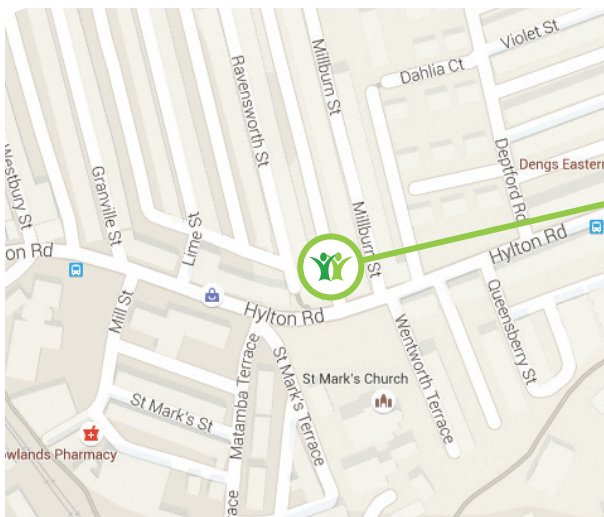
We look forward to discussing your needs with you



# Ashlea Lodge



“I can't praise all the staff enough. There's always a friendly welcome, staff keep me updated in any changes in my Mam. Staff are all professional and dedicated. They are a caring family to all of the residents.”



## Our Location

### Ashlea Lodge Care Home

Hylton Road, Millfield, Sunderland, SR4 7AB  
Tel: **0191 510 9405**

### Directions

From Millfield – head south-west on Catharine Street West, turn right onto St Mark's Road North and then turn left onto Hylton Road. Continue onto Whitehall Terrace and continue onto Hylton Road and Ashlea Lodge is situated on the right opposite St Marks Church.

## Welcome to Ashlea Lodge

Thank you for your interest in Ashlea Lodge Care Home

The home is modern and purpose-built, and provides 24-hour residential care for older people and specialist dementia care.

Every one of the 40 rooms is ensuite and equipped with the latest facilities and amenities. Residents are encouraged to personalise their own space to ensure their utmost comfort and sense of home.

At Ashlea Lodge, we pride ourselves on the pleasant living environment and relaxed atmosphere. This is a home where relatives can feel assured that their loved ones are in safe and caring hands, and where they can also feel very much part of the home.

We look forward to meeting you.



Please call us on

**0191 510 9405**

or visit [www.orchardcarehomes.com](http://www.orchardcarehomes.com)



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Orchard at the heart of the community



## Making our home your home

The residents at Ashlea Lodge are at the heart of what we do, and we are proud to have a great team delivering highly personalised care in the most professional way, and with the utmost kindness.

Our job is never more rewarding than when our residents and their relatives tell us they feel at home with us. The team works hard to provide a service that is personal to each resident, while encouraging a healthy, safe and enriching lifestyle.

## Respite care

Ashlea Lodge also offers respite care, enabling you or a carer to have a break and some well-deserved rest and recuperation while we do the rest. You may want your loved one to experience living at Ashlea Lodge for a short while before deciding to make the move more permanent. And we are happy to discuss your needs at any point.

## Life at Ashlea Lodge

- Lovely garden lounge for residents to enjoy
- A choice of TV or quiet lounges
- A wide choice of activities and events
- Freshly prepared, home-style food, led by a trained chef, who focuses on nutritious and balanced meals. We also work hard to ensure our residents' individual dietary needs are catered for.

## Dementia strategy

Ashlea Lodge has an environment that is supportive and stimulating for those living with dementia:

- Themed areas within the home, such as a village street along the corridor or a beach scene with photographs and tactile objects to encourage interaction
- Brightly coloured bedroom doors and photographs to support residents
- Enhanced signage to improve independence
- Handrails painted in contrasting colours
- Bespoke crockery to support residents to distinguish foods and to encourage eating and drinking.



Examples of themed areas